

The Burden of Insecurity

The Weight of the World (And How to Get Out from Under It)

Various Scriptures // Pastor Todd Dugard // October 7-8, 2017

Pastor Todd defined insecurity as “uncertainty or anxiety about oneself.” What are some of the most common insecurities that people face today? Are you willing to share a personal insecurity? How is being insecure fundamentally the same as relying on yourself for security?

Dig In

I will be secure in life when I am secure in Christ.

Before I knew Jesus, I was secure in me

- Read Acts 7:58-8:3 and Philippians 3:4-6. What was the source of the apostle Paul’s security? What kinds of things do we typically look to for our own security? Why are these insufficient?
- Tim Keller writes, “In his book *Sickness Unto Death*, Søren Kierkegaard says it is the normal state of the human heart to try to build its identity around something besides God. Spiritual pride is the illusion that we are competent to run our own lives, achieve our own sense of self-worth, and find a purpose big enough to give us meaning in life without God.” What are your thoughts? How is pride at the root of us seeking our security in anything but the Lord?

When I met Jesus, that security was disrupted

- Look up Acts 9:1-9 and Philippians 3:7-11 for some details about God disrupting Paul’s sense of security. What happened?
- Why is it absolutely necessary for our security to be disrupted in order for us to meet Jesus? What are some of the ways that God accomplishes this in people’s lives? How was your security disrupted in your process of coming to Christ?

Now that I follow Jesus, I am secure in him alone

- Is God’s disruption of our lives a one-time thing (toward our conversion) or an ongoing occurrence (toward our sanctification)? How so? Why is this an important point?
- See Acts 9:15-16, 26; 15:36-40; 2 Corinthians 10:10; 11:30-33; 12:7-10; Galatians 2:11-14; and 2 Timothy 4:16-17. Recount some of the challenges that the apostle Paul faced along the way. How did these experiences drive him closer to Christ? How has God used difficult circumstances to encourage you to continue to find your security in him alone?
- How does the self-esteem philosophy show up in our culture? What is wrong with it? How is a posture of humility the antidote to this faulty thinking?

Break Out

Read Galatians 1:10. Our struggle with insecurity/misplaced security essentially comes down to where we are seeking approval. Are you seeking the approval of man—or of God? What action do you need to take right now in order to root your security in Christ? How can our small group help?

